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REHAB

WINTER SCHOOL OF PHYSICAL THERAPY

February, 24-29th, Kyiv, Ukraine



PROGRAMME

| Time | Activity |
|---------------------------------|--|
| February, 23 (Sunday) | |
| | Arrival Day |
| February, 24 (Monday) | |
| 9.00-9.15 | Welcome & Introduction |
| 9.15-10.15 | National University of Ukraine on Physical Education and Sport - presentation Short trip at University |
| 10.15-10.30 | Break |
| 10.30-11.50 | <i>Maija Kangasperko</i> (<i>Satakunta University of Applied Science, Finland</i>) Clinical reasoning in physiotherapy (lecture) |
| 11.50-12.15 | Coffee break |
| 12.15-13.35 | <i>Maija Kangasperko</i> (<i>Satakunta University of Applied Science, Finland</i>) Clinical reasoning in physiotherapy (lecture) |
| 13.35-14.35 | Lunch |
| 14.40-16.00 | <i>Krzysztof Dudzinski</i> (<i>Jozef Pilsudski University of Physical Education, Poland</i>) Orthopedics, clinical examination and management (lecture) |
| 16.00-16.20 | Coffee break |
| 16.20-18.00 | <i>Krzysztof Dudzinski</i> (<i>Jozef Pilsudski University of Physical Education, Poland</i>) Orthopedics, clinical examination and management (practical workshop) |
| February, 25 (Tuesday) | |
| 9.00-10.20 | <i>Vilma Dudoniene</i> (<i>Lithuanian Sport University, Lithuania</i>) Evidence Based Physiotherapy and Differential Diagnostics |
| 10.20-10.30 | Break |
| 10.30-11.50 | <i>Maija Kangasperko</i> (<i>Satakunta University of Applied Science, Finland</i>) Clinical reasoning in physiotherapy (lecture) |
| 11.50-12.15 | Coffee break |
| 12.15-13.35 | <i>Maija Kangasperko</i> (<i>Satakunta University of Applied Science, Finland</i>) Clinical reasoning in physiotherapy (lecture) |
| 13.35-14.35 | Lunch |
| 14.40-16.00 | <i>Vilma Dudoniene</i> (<i>Lithuanian Sport University, Lithuania</i>) Early motor development of preterm and term infants. Recognizing early motor delays. |
| 16.00-16.20 | Coffee break |
| 16.20-18.00 | <i>Vilma Dudoniene</i> (<i>Lithuanian Sport University, Lithuania</i>) Patient management in PT. 4-phase approach to rehabilitation (Algorithms in PT). |
| February, 26 (Wednesday) | |
| 12.15-13.35 | <i>Martin Campa</i> |



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| | <p>(Latvian Academy of Sport Education, Latvia) Functional assessment for elderly people (lecture)</p> |
| 13.35-14.35 | Lunch |
| 14.40-16.00 | <p>Martin Campa (Latvian Academy of Sport Education, Latvia) Functional assessment for elderly people (practical workshop)</p> |
| 16.00-16.20 | Coffee break |
| 16.20-18.00 | <p>Martin Campa (Latvian Academy of Sport Education, Latvia) Adapted physical activity and required assistance for visually impaired and blind persons (workshop)</p> |
| February, 27 (Thursday) | |
| 10.30-11.50 | <p>Aija Kļaviņa (Latvian Academy of Sport Education, Latvia) Physical activity guidelines for persons with disabilities(e.g., spinal cord injury; type 2 diabetes; children with disabilities; after stroke) (lecture)</p> |
| 11.50-12.15 | Coffee break |
| 12.15-13.35 | <p>Aija Kļaviņa (Latvian Academy of Sport Education, Latvia) Physical activity guidelines for persons with disabilities(e.g., spinal cord injury; type 2 diabetes; children with disabilities; after stroke) (lecture, practical workshop)</p> |
| 13.35-14.35 | Lunch |
| 14.40-16.00 | <p>Aija Kļaviņa (Latvian Academy of Sport Education, Latvia) Physical activity guidelines for persons with disabilities(e.g., spinal cord injury; type 2 diabetes; children with disabilities; after stroke) (practical workshop)</p> |
| February, 28 (Friday) | |
| 10.30-11.50 | <p>Ng Kwok (European Federation of the Adapted Physical Activity, Finland) Adaptation principles in applying physical activity for inclusion, such as STEP within the Inclusion Spectrum, TREE and FAMME (lecture)</p> |
| 11.50-12.15 | Coffee break |
| 12.15-13.35 | <p>Ng Kwok (European Federation of the Adapted Physical Activity, Finland) Adaptation principles in applying physical activity for inclusion, such as STEP within the Inclusion Spectrum, TREE and FAMME (lecture)</p> |
| 13.35-14.35 | Lunch |
| 14.40-16.00 | <p>Ng Kwok (European Federation of the Adapted Physical Activity, Finland) Adaptation principles in applying physical activity for inclusion, such as STEP within the Inclusion Spectrum, TREE and FAMME (lecture, practical workshop)</p> |
| 16.00-17.00 | Summing-up |
| February, 29 (Saturday) | |
| | Departure day |